

Feel the Passion

Count: 32

Wall: 4

Level: Absolute Beginner

Choreographer: Rhoda Lai (CAN) & Michelle Risley (UK) - June 2026

Music: What a Feeling (Radio Mix) - DJ Louis



Created for the Mon Sheong Foundation Walk & Fun 2026

Intro: 32 counts

No tags, no restarts!!!

[1-8] 'Shoop' Right, Touch & Clap, 'Shoop' Left, Touch & Clap

- 1-4 Towards R Diagonal step forward R, Close L next to R, Step forward R, Touch L and Clap
5-8 Towards L Diagonal step forward L, Close R next to L, Step forward L, Touch R and Clap

[9-16] Back, Touch, Back, Touch, Bounce Right Heel

- 1-4 Step Back R Diagonal, Touch L, Back L Diagonal, Touch R
5-8 Step R out hip width apart, bounce Heel Up & Down, Keep weight on L

Optional Arm Movements with the music for section 2:

- 1-2 R Hand Make V shape with 1st & 2nd finger and Wipe in front of eyes, palms outwards
3-4 L Hand Make V shape with 1st & 2nd finger and Wipe in front of eyes, palms outwards
5-8 Cross R over L in front of chest, moving up and over – open like a flower 'feel the passion!'

[17-24] Vine Right, Touch, Point, Touch, Slide, Touch

- 1-4 Step R, L Behind, Step R, Touch L
5-8 Point L to L Side, Touch L next to R, Big Step L, touch R Next to L

[25-32] Curving Toe Strut, Toe Strut, Walk R, L, R, L

- 1-4 Curving around R Shoulder, Right Toe Strut $\frac{1}{8}$ Right, Left Toe Strut $\frac{1}{8}$ Right
5-8 Walk Around $\frac{1}{2}$ turn Right completing the curve to 9 o'clock

Ending: After 9th Wall, Turn $\frac{1}{4}$ Right to the Front, Step out R, R arm up to Diagonal, Step out L out, L arm up to diagonal & Smile!

Michelle Risley michellerisley@hotmail.co.uk

Rhoda Lai rhoda_eddie@yahoo.ca